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**GRACE UNDER PRESSURE — VERBATIM THEATRE PROJECT**  
**PARTICIPANT INFORMATION STATEMENT: AFTER-PLAY ACTIVITIES**

**1) What is this study about?**

You are invited to take part in a study that aims to understand how student health workers deal with the positive and negative aspects of their training and work environment as they start to develop a professional identity. We will use material from these after-play activities in conference papers and peer-reviewed journal articles to inform public debate about the future training needs of our health workforce.

This Participant Information Statement tells you about the study. Knowing what is involved will help you decide if you want to take part. Please read this sheet carefully and ask about anything you don't understand or want to know more about. Participation is voluntary. By giving consent to take part in this study, you are telling us that you:

- ✓ understand what you have read;
- ✓ agree to take part in the study as outlined below; and
- ✓ agree to the use of your personal information as described.

You will be given a copy of this sheet to keep.

**2) Who is running the study?**

University of Sydney researchers:

- Dr Paul Dwyer, Department of Theatre and Performance Studies
- Dr Kimberley Ivory, School of Public Health
- Dr Claire Hooker, Sydney Health Ethics
- A/Prof Paul Macneill, Sydney Health Ethics
- A/Prof Louise Nash, Brain and Mind Centre
- Dr Jo River, Sydney School of Nursing and Midwifery
- Dr Karen Scott, Discipline of Child and Adolescent Health
- Dr David Williams, Department of Theatre and Performance Studies

**3) What will the study involve for me?**

If you decide to take part, we ask you to complete a survey with 2 tick-box and 3 free-text questions. We also invite you to respond to three performance-related questions by writing your responses on post-it notes and sticking these post-it notes onto large wall papers which will have the three questions written onto them. Both activities are completely anonymous.

**4) How much of my time will the study take?**

The survey and the post-it notes activity will take approximately five minutes each to complete.

**5) Do I have to be in the study? Can I withdraw once I've started?**

Being in this study is completely voluntary and you do not have to take part. Your decision whether to participate will not affect your relationship with the researchers or anyone at the University. You may refuse to answer questions and you are free to withdraw at any time but once you submit the survey and/or leave the theatre with your post-it notes comments stuck onto the wall papers, we cannot erase your responses as they will be anonymous. There are no consequences for withdrawing.

**6) Are there any risks or costs associated with being in the study?**

It is possible that sharing a memory of negative training experiences might rekindle feelings of sadness or anger. We will ask you to share only what you feel able to share. If this survey brings up difficult issues for you, or you have any concerns about your own mental health or that of a colleague, please consider the contact details given to you at the end of this Information Sheet and also on a sheet of paper in the foyer. We do not expect that there will be any other risks or costs associated with taking part in this study.

**7) Are there any benefits associated with being in the study?**

We cannot guarantee that you will receive any direct benefits, although the study will contribute to positive cultural change in our health workforce.

**8) What will happen to information about me that is collected during the study?**

By completing the survey, you are agreeing to us collecting information about you for this study. Your information will only be used for the purposes outlined in this Participant Information Statement.

Your information will be stored securely in a password-protected folder on a secure University server, accessible only to the researchers and only disclosed with your permission, except as required by law. Study findings may be published as conference papers and peer-reviewed journal articles, but you will not be identified. At the end of the study, materials will be held for 5 years, then any paper copies will be shredded and digital files will be permanently deleted.

**9) Can I tell other people about the study?**

Yes, you are welcome to tell other people about the study.

**10) What if I would like further information about the study?**

If you would like to know more at any stage during the study, please feel free to contact [paul.dwyer@sydney.edu.au](mailto:paul.dwyer@sydney.edu.au) or [claire.hooker@sydney.edu.au](mailto:claire.hooker@sydney.edu.au)

**11) Will I be told the results of the study?**

You can tell us that you wish to receive feedback by providing your email at <https://www.surveymonkey.com/r/PTY3GWWG>. Feedback will be via an email with the abstract of any publication after the study has finished.

**12) What if I have a complaint or any concerns about the study?**

Research involving humans in Australia is reviewed by an independent group of people: a Human Research Ethics Committee (HREC). The ethical aspects of this study have been approved by the HREC of the University of Sydney Project No.: 2016/1007. We have agreed to carry out the study according to the

*National Statement on Ethical Conduct in Human Research (2007)*. This has been developed to protect people who agree to take part in research studies. If you are concerned about the way this study is being conducted or wish to make a complaint to someone independent from the study, please contact the University, quoting the study title and protocol number:

The Manager, Ethics Administration, University of Sydney: **Telephone:** +61 2 8627 8176 | **Email:** [human.ethics@sydney.edu.au](mailto:human.ethics@sydney.edu.au) | **Fax:** +61 2 8627 8177

*This information sheet is for you to keep.*

Services and numbers you can call if you are distressed at, or about, healthcare work:

- Your GP
- Your Medical Defence Organisation if relates to a medico-legal issue
- NSW: Doctors Health Advisory Service: 94376552
- Australian Medical Association (AMA): 94398822
- Australian Salaried Medical Officers Federation: ASMOF (workplace advice/industrial matters) 92126900
- Australasian Doctors Health Network has online contacts and resources: [www.adhn.org.au](http://www.adhn.org.au)
- NSW Health JMO support line on 1300566321 (for issues regarding unacceptable behaviour in the workplace, where concerned doctors will be advised by a trained senior doctor from a different Local Health District).
- BeyondBlue, 24 hour crisis support and advice: 1300 22 4636
- Lifeline, 24 hour crisis support and advice: 131144