



# RCPE Symposium – Gastroenterology

## Live-link to Ballina

Wednesday, 14<sup>th</sup> November 2018

Venue: **Multidisciplinary Unit (UCRH), Ballina District Hospital**

**20.00** Registration and Coffee

**20.25** Welcome and Introductory Remarks

by Professor Derek Bell OBE, President, Royal College of Physicians of Edinburgh

### Session 1 - Inflammatory bowel disease (IBD)

Chair: Dr John Mansfield, Consultant Gastroenterologist, Royal Victoria Infirmary, Newcastle

**20.30** Biosimilar drugs in IBD

Dr Fraser Cummings, Consultant Gastroenterologist, University Hospital Southampton

\* real world experience: are they as good as brands? \* how to switch \* therapeutic monitoring and future strategies

**20.55** Microbiota transplants

Professor Ailsa Hart, Consultant Gastroenterologist, St Mark's Hospital, London

\* our relationship with microbiota \* the evidence for transplantation \* diet and microbiomes: are we what we eat?

**21.20** IBD and millennials: recognising chronic disease in a youthful population

Dr John Thomson, Consultant Gastroenterologist & Clinical Lead eHealth, Aberdeen Royal Infirmary, Aberdeen

\* use of apps and social media \* does the clinic model work? \* building relationships in the era of Google health

**21.45** PROFESSOR ANNE FERGUSON LECTURE

Chair: Professor Derek Bell OBE, President, Royal College of Physicians of Edinburgh

#### Building the future workforce in gastroenterology: what is realistic?

Dr Cathryn Edwards, President, British Society of Gastroenterology

\* challenges to recruitment - the role of mentorship in recruitment and retention \* focusing on our patients' needs

\* overcoming the challenges

**22.30** BREAK

### Optional Session: Session 2 - Liver disease

Chair: Dr Jude Morris, Consultant Gastroenterologist, NHS Greater Glasgow & Clyde & Dr Ruairi Lynch, Clinical Lecturer, University of Edinburgh

**22.55** Palliative care in liver disease

Dr Fiona Finlay, Consultant in Palliative Medicine, Queen Elizabeth University Hospital, Glasgow

\* gauging the unmet need \* anticipatory care planning \* when to start palliative care

**23.20** Hepatitis E: not as benign?

Dr Harry Dalton, Consultant Gastroenterologist (Retired), Peninsular Medical School, Truro

\* epidemiology \* chronic hepatitis E – should we treat or not?

**23.45** Drug induced liver disease

Professor Guruprasad Aithal, GI & Liver Disorders Theme Lead, Professor of Hepatology, Head of Nottingham Digestive Diseases Centre, Nottingham

\* long term effects \* making the diagnosis \* understanding the risks for prescribers

**00.05** END

RSVP via email by 12<sup>th</sup> November 2018. Email Dr Tien Khoo at [t.khoo@griffith.edu.au](mailto:t.khoo@griffith.edu.au)