

# Physical Assessment

Workshop to assist Nurses in gaining the theoretical knowledge and practical skills in the various clinical areas of physical assessment and its application to a patient

## Session Outcomes

### History Taking and Communication

- Communication and patient satisfaction
- Techniques to maximise data collection for an accurate Assessment
- Handover & communication to escalate utilising ISBAR

### Waiting Room and Sick on the Day Call Triage

- Purpose & Application of ATS
- Skills and Communication
- Across the room assessment
- Comorbidities red flags, patient populations and clinical urgency

### Primary and Secondary Survey

- Describe & demonstrate a systematic approach to the assessment and prioritisation of life threatening conditions and their ongoing management
- Head to toe assessment
- Test and measure

## INCLUDING

### Neurological Assessment

- Brief overview of brain anatomy & injury pathology and early management strategies
- Identify the process used for a neurological assessment
- Describe and illustrate the use of the Glasgow Coma Scale and AVPU as part of a neurological assessment

### Respiratory Assessment

- Revision of anatomy
- Health History

- Assessment - Inspection - Palpation - Percussion - Auscultation

### Cardiovascular Assessment

- Assess Chest Pain
- Awareness of cardiovascular diagnostic tests
- Assess vascular supply to extremities

### Abdominal Assessment

- Review briefly the anatomy and physiology of the abdomen
- Assessment - Inspection - Palpation - Percussion - Auscultation

### Paediatric Assessment

- How to recognize an unwell child?
- Red Flags
- A structured approach to a paediatric assessment
- Assessment and management strategies to manage a child with pain

### Musculoskeletal Assessment

- Relevant MOI
- Consider Anatomy
- Exam process Look, Feel, Move
- Pain assessment
- Checklists and Ottawa Rules

### Falls Assessment in the Elderly

- Identify mechanisms of injury that alert you to potential injury
- Describe assessment for injury
- Describe appropriate management when potential injuries have been identified
- Explore current guidelines and resources available

2019 Course date

25th June

Time: 9am – 3.30 pm

Venue: Nyumbalihgu Simulation Centre, University Centre of Rural Health, 61 Uralba Street, Lismore, NSW 2480

Cost: \$105 (including GST)  
Morning tea & light lunch included

If you require any further information please contact UCRH Simulation Team on 02 6620 7570

Please complete the [online registration form](#)



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